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# Organic farming: A need for the new era

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#### Abstract

In the recent period, the most important challenges globally have been to produce enough food for the increasing population. Therefore it is necessary to develop high-yielding crop varieties are used with combination of irrigation, chemical fertilizers and pesticides. The continuous uses of chemicals will concerns of soil health, environmental pollution, pesticide toxicity, and sustainability of agricultural production. The natural or organic farming can provide food with high nutrition value and proven as an eco-friendly concept. The different organic products comprising vegetables, rice, spices, medicinal plants, oilseeds, fruits, cereals, pulses, and value-added products. In the present review we cover effect of chemicals on human and animal health and economy of organic produces.

Keywords: organic farming, new era, population

#### Introduction

Organic farming is a strategy for harvest and domesticated animals creation that includes substantially more than deciding not to utilize pesticides, manures, hereditarily changed life forms, anti-infection agents and development hormones (Martin, 2009). Organic production is an all-encompassing framework intended to streamline the efficiency and wellness of assorted networks inside the agro-biological community, including soil creatures, plants, domesticated animals and individuals. The important objective of natural creation is to create ventures that are reasonable and agreeable with the earth. Moreover, organic cultivating advances the utilization of yield turns and cover trims and supports adjusted host/predator connections. Natural build-ups and supplements delivered on the ranch are reused back to the dirt. Cover trims and treated the soil compost are utilized to keep up soil natural issue and fruitfulness. Protection creepy crawly and malady control strategies are worked on, including crop pivot, enhanced hereditary qualities and safe assortments. Coordinated bug and weed administration, and soil preservation frameworks are important apparatuses on a natural homestead.



Fig 1: social object, sustainable object and ecological object

### Why organic farming is needed

The principle reasons for organic agriculture include several needs for, health, ecology, fairness and care. To ranchers' state for needing to cultivate naturally are their anxieties for the earth and about working with horticultural synthetic concoctions in ordinary cultivating frameworks.

There is likewise an issue with the measure of vitality utilized in agribusiness since many ranch synthetic substances require vitality concentrated assembling forms that depend intensely on non-renewable energy sources. Natural agriculturists observe their technique for cultivating to be productive and specifically fulfilling.

Moreover, the current proof demonstrates that natural homesteads by and large expend less vitality and emanate less ozone harming substances than non-natural ranches. The creators likewise call attention to that natural ranches depend on regular procedures for yield preparation, (for example, nitrogen-settling plants).

It is also reported that the decomposed organic maters releases micro and macro nutrients which is easy to uptake by plants (R. S. Minhas and A. Sood, "Effet of inorganic and organic on yield and nutrients uptake by three crops in rotation in aid alfisol," Journal of the Indian Society of Soil Science, vol. 42, pp. 27–260, 1994.).

That is not normal for much non-natural farming which depends vigorously on non-renewable energy source-based manures to be specific made nitrogen and mined phosphate. Additionally, natural ranches utilize less and less-harmful pesticides an advantage for the earth, cultivate specialists and shoppers.

The examination likewise indicates proof that natural frameworks give more advantages to ranchers and homestead specialists. For instance, inquire about has discovered that natural homesteads are more productive and stronger than non-natural ranches. What's more, agriculturists will in general have more prominent access to cooperatives and rancher systems, and to credit and wellbeing programs. Natural homestead specialists are likewise more averse to be presented to perilous pesticides. In reality, decreased wellbeing hazard is one of the essential reasons given for embracing natural practices in creating nations.

### Effect of insecticide and pesticide on human health

The natural guidelines, for the most part, preclude results of hereditary designing and creature cloning, engineered pesticides, manufactured manures, sewage, manufactured medications, manufactured sustenance preparing helps and fixings, and ionizing radiation. Cited in Cimino et al. (2016) [1] examined that, neonicotinoids (neonics) are a class of synthetic substances utilized as bug sprays for their neurotoxic activity on the nicotinic acetylcholine receptor (nAChRs). Furthermore, they reported that, it created to supplant organophosphate and carbamate bug sprays, neonics are fundamental in configuration, transfusing into all parts of treated plants, including dust, nectar, and guttation liquids, and the sustenance developed by those plants. It has been studied from the evidence from clinical studies that overall no clinically specific differences in biomarkers related to health or to nutritional status between participants consuming organic food compared to other conventional food (Smith et al., 2012) [9] but in social observational studies, it is observed that the consumers who regularly buy organic food have overall healthier dietary patterns (Kesse et al., 2013) [5].

In addition to, as the methods of activity for pesticides are not species-particular, concerns have been raised about natural dangers related to their introduction through different courses (e.g., deposits in sustenance and drinking water). Kim *et al.* (2017) <sup>[6]</sup> examine that, albeit such perils go from here and now (e.g., skin and eye disturbance, cerebral pains, wooziness, and sickness) to endless effects (e.g., disease, asthma, and diabetes), their dangers are hard to illustrate

because of the association of different components (e.g., period and level of presentation, kind of pesticide (with respect to poisonous quality and constancy), and the ecological attributes of the influenced zones). There are no gatherings in the human populace that are totally unexposed to pesticides while most ailments are multi-causal to add extensive multifaceted nature to general well-being evaluations. Additionally, the advancement of eco-accommodating pesticide choices (e.g., Eco SMART) and Integrated Pest Management (IPM) methods are the hugest to embrace. Furthermore, Children are prone to the effects of pesticide exposure due to developing biological systems. Growing organs are weaker to detoxify toxic pesticides.

### **Economy of organic farm products**

Creating enough nourishment to address the issues of a developing populace has dependably been the best worry of sustenance strategy producers around the globe. Given the expanding consideration regarding natural cultivating, According to Jouzi *et al.* (2017) [4] states that, the hugest focal points organic farming are ecological insurance and a higher strength to natural changes, expanding agriculturists' wage and decreasing outside information cost, upgrading social limit and expanding work openings. And also improving nourishment security fundamentally by expanding the sustenance obtaining the intensity of nearby individuals. Be that as it may, the principle difficulties of this sustenance creation framework incorporate lower yields in contrast with customary frameworks, troubles with soil supplement administration, confirmation and market hindrances, and the instructive and research needs of small holders.

### Organic farming in poultry and animal husbandry

Animals items can likewise be delivered naturally. Lately, natural dairy items have turned out to be prominent. There is a growing business sector for natural meat items. Creatures must be nourished just natural feeds. Feed must not contain mammalian, avian or angle side-effects. All hereditarily designed life forms and substances are disallowed. Antiinfection agents, development hormones and bug sprays are for the most part disallowed. In the event that a creature turns out to be sick and anti-toxins are fundamental for recuperation, they ought to be regulated. Gabriel et al (2010) [3] recorded earlier, It has been recorded that higher overall diversity on conventional farms generalist species and members of the crow family were found in higher densities on organic farms. Invertebrate-feeding species particularly benefit from the greater habitat diversity found in organic systems, which increase foraging resources (Smith et al. 2010) [8]. Insects like rove beetles, pests, and parasitoids have been recorded in lower densities on organic farms in some studies (Fuller et al. 2005) [2]. The creature should then be isolated from the natural animals group and can't be sold for natural meat items. Immunizations are allowed when infections can't be controlled by different means. Planned impregnation is allowed.

### Conclusion

From the above study it can be concluded that the organic farming can recover elite quality of food without affecting its nutritional value. We can achieve good soil health and sustainable agriculture through organic farming. It is drastic need to standardization of natural and organic resources for different crops and livestock management. It is also needed to identify market needs and good profits for organic products

which can be beneficial for farmer community. The stepwise infusion of organic farming is needed because food and nutritional security. The organic and natural food market will develop new opportunity for employment for farmers and labours. In addition to that soil nutritional quality will maintain for longer by using organic agricultural inputs. By considering above facts organic farming may be needs for the new era.

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