International Journal of Chemical Studies

P-ISSN: 2349–8528 E-ISSN: 2321–4902 IJCS 2019; 7(1): 132-137 © 2019 IJCS Received: 06-11-2018 Accepted: 10-12-2018

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Standardization and evaluation of blended bael (Aegle marmelos) and mango (Mangifera indica L.) RTS beverages

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Abstract

The fresh bael and mango fruits and its blended RTS were developed and evaluated for their chemical parameters at monthly interval for four month storage period TSS of bael and mango pulp 38.32%, 16.12%. and the values of percent acidity was 0.41% and 0.50% respectively. The ascorbic acid was calculated 18.2 mg/100g for bael pulp and 32.5mg/100g of mango pulp. pH of bael and mango pulp 4.52 and 3.96 respectively. The sugar content (total sugar, reducing sugar and non-reducing sugar) total sugar % higher (18.02%) in bael pulp as compared to mango pulp (13.96%) similarly the reducing sugar higher value (5.68%) in bael pulp (5.52%) mango pulp. highest value of percent TSS was observed in P₁ fruit pulp with recipe 4th (120 gm. sugar per liter of RTS), acidity was recorded in pulp ratio (P₄) at initial stage of observation, the TSS/Acid ratio maximum (121.01) TSS/Acid ratio was recorded in the recipes 4th with pulp ratio P₁ whereas, minimum (67.86) TSS/Acid ratio was recorded in the recipes 1st with pulp ratio P₄ maximum ascorbic acid content was found in ratio of fruit pulp P₄ (40% bael + 60% mango pulp) with recipe 1st (90 gm. sugar per liter of RTS). Similarly, the value of pH at initial stage was recorded minimum in the pulp ratio P₄ and maximum value was noted in pulp ratio P₁.

Keywords: bael, Mango, RTS

Introduction

Bael (Aegle marmelos) an important indigenous fruit of India belongs to family Rutaceae. The importance of bael fruit lies in its curative, nutritive properties, which make the tree one of the most useful medicinal plants of India. It contains 61.5 g water, 1.8g protein, 0.39 mg fat, 1.7 g minerals, 31.8 g carbohydrates, 55 g carotene, o.13 mg thiamine, 1.19 mg riboflavin, 1.1 mg niacin and 12 mg vitamin C per 100 g of edible portion. No other fruit has such a high content of riboflavin. A fair amount of pectin is found in bael. The percentage of pectin on fresh fruit on weight basis is 2.66. Marmelosin is most probably the therapeutically active principle of bael fruit. It has been isolated as a colourless crystalline compound the bael fruit though nutritionally important is not consumed freshly because of its hard shell, the mucilaginous texture, fibre and numerous seeds in its pulp. It has a great demand from Indian system of medicine such as ayurvedic. With the excellent flavour, nutritive & therapeutic values of bael fruit, it has a great potential for processing into various product viz- Ready To Serve (RTS), drinks, nector, squash, syrup, slab, jam, toffee, preserve and candy etc. which can attract both internal and external market. Obviously, rich flavour of bael fruit is not destroyed even during processing into different processing product. Mango (Mangifera indica L.). It is originated in the Indo-Burma region. In fact mango is well known in India from the ancient times and records suggest that it has been under cultivation for over 4000 years, Besides, India mango is now cultivated as a commercial crop in countries such as India, Brazil, Mexico, Philippines, Bangladesh and China. Mango occupies largest area (2379, 000 ha), with production (16196, 000 MT) and productivity (6.8 MT/ha) in India. Andhra Pradesh tops in total production & U.P. tops area wise according to Indian horticulture database- 2012. The mango fruit is one of the most nutritious fruits. It contains (Totapuri cultivar) 11.5°Brix TSS, 7.8% Total sugar, 0.60% Acidity, & 16.0mg Ascorbic acid/100g of edible portion.

Material and Methods

The present investigation entitled the preparation of Bael (*Aegle marmelos*) and Mango (*Mangifera indica*) blended RTS has been conducted during the year 2013-14.

At the Preservation Laboratory, Department of Horticulture, College of Agriculture, JNKVV, Jabalpur (M.P.). The mature and ripe beal and mango collected from the local market then selected fruits were washed in running tap water for removing the adhering dirt after washing of fruits, preliminary trial was conducted to standardize the method of extraction of pulp. The pulp was extracted fruits were peeled using stainless steel knife and cut into small pieces and then seed were discarded. 200 ml water was added to each one kg of mango fruit pulp. Then heated up to 60 to 65 °C temperature for 10 minute and allowed to cool. The cooled pulp was passed through muslin cloth to abtain seed and fibre free pulp. Prepared bael and mango pulp were used for preparation of RTS. The 100 g pulp per liter of water was added. Bael & mango blended beverages having 10 percent pulp. Bael & mango pulps were mixed in different pulp ratio with calculated amounts of sugar and citric acid. Similarly as per recipe (90gm, 100gm, 110gm and 120 gm) the sugar was also added and mixed thoroughly, to dissolve the sugar and 1.5 g citric acid. The RTS was heated up to temperature of 60 to 70 °C and then strain through c oarse muslin cloth. The sodium benzoate (700ppm) was also added to the RTS as preservative. The prepared RTS was filled in sterilized glass bottles and sealed air tight, tagged and store under ambient condition then beverages were analyze various chemicals at ambient temperature. The pH of extracted pulp and RTS was measured using an elementary pH meter, total soluble solids in RTS were determined with the help of Hand refractometer (AOAC 1980) ^[1]. Titrableacidity was estimated by simple acid / alkaline titration method as described in A.O.C.C (1984)^[2]. ascorbic acid content was estimated as per Assay method given by Ranganna (1986).

Table 1: Details of treatment combinations

Treatments	Combination	Quantity of pulp/l of	PULP (%)	Sugar (all of DTS)
		RTS (Bael:Mango)		Sugar (g/l of RTS)
T1	P_1R_1	100 g + 00	10	90
T2	P_1R_2	100 g + 00	10	100
Т3	P_1R_3	100 g + 00	10	110
T4	P_1R_4	100 g + 00	10	120
T5	P_2R_1	80 g + 20 g	10	90
T6	P_2R_2	80 g + 20 g	10	100
T7	P_2R_3	80 g + 20 g	10	110
T8	P_2R_4	80 g + 20 g	10	120
Т9	P3R1	60 g + 40 g	10	90
T10	P3R2	60 g + 40 g	10	100
T11	P_3R_3	60 g + 40 g	10	110
T12	P_3R_4	60 g + 40 g	10	120
T13	P_4R_1	40 g + 60 g	10	90
T14	P_4R_2	40 g + 60 g	10	100
T15	P_4R_3	40 g + 60 g	10	110
T16	P4R4	40 g + 60 g	10	120

Flow Chart Showing the Procedure for Preparation of Blended RTS



Result and Discussion

Physico-chemical characteristics of bael and mango pulp

The data pertaining to physico-chemical characteristics of prepared pulp of both the fruit has been presented in Table 2. It showed marked difference in the colour of pulp i.e., Dark orange in bael fruit and light yellow in mango fruits. The TSS (38.32%) and pH (4.52) content were recorded higher in bael pulp as compared to mango pulp. However, the percent acidity (0.50%), and ascorbic acid (32.5 mg/100 g pulp) were higher in mango pulp. The total sugars, reducing sugar and non-reducing sugar were recorded higher i.e. 18.02 percent, 5.68 percent, and 12.34 percent respectively in the pulp of bael as compare to mango pulp which have total sugars(13.96%), reducing sugar (5.52%) and non-reducing(8.44%).

TSS %

The higher concentration of sugar in blended RTS increased the TSS percent at R₁ to R₄ and this effect on TSS percent persisted till 120 days (table 3)of storage percent TSS values of blended RTS increases with the increase in sugar content and storage period. The highest value of percent TSS was observed in P₁ fruit pulp with recipe 4th (120 gm. sugar per liter of RTS). (Rabbani and Singh 1989) who reported increasing trend in TSS of mango variety during the storage period. (Mishra *et al.* 2013) reported that TSS of bael candy increases with the increasing storage period. Similar reported by Baramanray *et al.* (1995) ^[2] and Deka *et al.* (2005) ^[5] also reported that the TSS of guava nector and TSS of mangopineapple spiced beverages increased during storage period.

Percent Acidity

The higher value of percent acidity was recorded in pulp ratio (P₄) at initial stage of observation. The acidity of blended RTS was increased in all the treatments with the increase in storage period (table 4). The ratio of pulp also affected the percent acidity it was highest with the increase in mango pulp. Similar result were reported by Nidhi *et al.* (2008) ^[10] with bael-guava blends beverage. These findings are also in confirmity with the findings of Choudhary *et al.* (2006)^[3] who observed that there was gradual increase in acidity value with an increase in the storage period in guava RTS. Indicated that

there was an increases in acidity percent of bael candy with the increase storage period.

TSS/Acid ratio

The TSS/Acid ratio of blended RTS was also influenced by the pulp ratio and various recipes, it was decreased with the increasing storage period (table 5). At initial stage the maximum (121.01) TSS/Acid ratio was recorded in the recipes 4th with pulp ratio P₁ whereas, minimum (67.86) TSS/Acid ratio was recorded in the recipes 1st with pulp ratio P₄. These findings are in conformation as reported by Singh, *et al.*, (2005) ^[12] who reported that there was decrease in quality character of mango + bael beverage with the advance storage period but it remained above the acceptable rating even after 6 months of storage.

Ascorbic acid content

The ascorbic acid content (mg/100g pulp) of blended RTS decreased during storage (table 6). The maximum ascorbic acid content was found in ratio of fruit pulp P₄ (40% bael + 60% mango pulp) with recipe 1st (90 gm. sugar per liter of RTS). These findings are in conformation with the findings of Das *et al.* (1954) ^[4] who observed the losses of ascorbic acid during preparation and storage of dried mango pulp. Hamanan *et al.* (1980) ^[6] studied the preserved guava pulp with potassium meta bisulphide plus sodium benzoate and found over 50% losses of ascorbic acid. Mishra *et al.* (2013) found reduction in ascorbic acid with storage period in bael candy. Nidhi *et al.* (2008) ^[10] noticed a slight decrease in ascorbic acid content of bael-guava blended RTS, during storage.

pН

The pH value for blended RTS was also influenced by the various pulp ratio and sugar content. However, the value of pH at initial stage was recorded minimum in the pulp ratio P_4 and maximum value was noted in pulp ratio P_1 (table 7). It was significantly decreased with the increasing storage period these results supported by Kalra and Revanthi (1983) who reported slightly decreased in pH during 60 days storage of guava pulp. Shrivastava (1998) noticed that the pH decreased with increase storage period. Similar results reported by Kumar and Manimegalai (2005) and Nidhi *et al.* (2008).

Table 2: Physico-chemical characteristics of the prepared bael and mango pulp

Composition	Bael	mango
Colour of pulp	Dark orange	Light yellow
TSS (%)	38.32	16.12
Acidity (%)	0.41	0.50
Ascorbic acid (mg. /100gm.)	18.2	32.5
pH of fruit pulp	4.52	3.96
Total sugar (%)	18.02	13.96
Reducing sugar (%)	5.68	5.52
Non- reducing sugar (%)	12.34	8.44

			'0' Day	7			(30' Da	у				'60' Da	у			6	90' Day	y		'120' Day					
Concentration of		Ratio	of frui	t pulp			Ratio	of frui	t pulp			Ratio	of frui	t pulp			Ratio	of frui	t pulp			Ratio	of frui	t pulp		
sugar (g/lit. of		(Bael %	6 + Ma	ngo %)			(Bael %	6 + Ma	ngo %)			(Bael %	⁄6 + Ma	ngo %))		(Bael %	6 + Ma	ngo %))		(Bael %	∕₀ + Ma	ngo %))	
RTS)		ŀ	Factor A	1			H	Factor A	A			I	Factor A	A			F	actor A				I	Factor A	4		
Factor B	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	
R1 (90g)	17.27	17.20	17.13	17.07	17.17	17.47	17.47	17.27	17.20	17.35	17.73	17.53	17.40	17.33	17.50	17.87	17.67	17.60	17.47	17.65	17.93	17.87	17.73	17.67	17.80	
R ₂ (100g)	17.73	17.73	17.33	17.20	17.50	17.93	17.87	17.67	17.53	17.75	18.33	18.13	18.00	17.87	18.08	18.47	18.33	18.13	17.93	18.22	18.60	18.40	18.27	18.13	18.35	
R ₃ (110g)	18.47	18.27	18.13	17.93	18.20	18.67	18.53	18.40	18.33	18.48	18.73	18.67	18.53	18.47	18.60	18.87	18.73	18.67	18.60	18.72	19.53	18.93	18.87	18.73	19.02	
R4 (120g)	19.53	19.47	19.27	19.00	19.32	19.73	19.67	19.47	19.13	19.50	19.73	19.53	19.53	19.33	19.53	19.93	19.87	19.67	19.47	19.73	20.07	19.73	19.67	19.67	19.78	
Mean	18.25	18.17	17.97	17.80		18.45	18.38	18.20	18.05		18.58	18.52	18.37	18.25		18.78	18.65	18.52	18.37		19.03	18.78	18.59	18.55		
Factor	Α	В	AB			Α	В	AB			Α	В	AB			Α	В	AB			Α	В	AB			
SEm ±	0.030	0.030	0.060			0.031	0.031	0.062			0.055	0.055	0.110			0.031	0.031	0.062			0.051	0.051	0.102			
CD at 5%level	0.086	0.086	0.173			0.089	0.089	0.179			0.159	0.159	0.318			0.089	0.089	0.179			0.148	0.148	0.296			

Table 3: Effect of pulp ratio and various recipes on colour of blended RTS during storage

Table 4: Effect of pulp ratio and various recipes on acidity (%) of blended RTS during storage

		"	0' Day	y			•3	0' Da	y			6	60' Da	ay			•9		'120' Day								
Concentration of sugar (g/lit. of RTS)]	Ratio (of frui	it pul	lр]	Ratio (of frui	it pul	р		Ratio	of fru	it pu	ılp		Ratio o	f fruit	: pulj)		Ratio of fruit pulp					
	(B	ael %	+ Ma	ngo	%)	(B	ael %	+ Ma	ngo	%)	(]	Bael %	6 + M	ango)%	(]	Bael %	+ Mai	ngo %	%)	((Bael %	+ Ma	ngo ^o	%)		
		Fa	actor	A			Fa	actor .	A			F	actor	Α			Fa	ctor A	1		Í	F	actor A	A			
Factor B	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean		
R ₁ (90g)	0.19	0.21	0.23	0.25	0.22	0.21	0.23	0.25	0.28	0.24	0.22	0.25	0.28	0.30	0.26	0.24	0.27	0.29	0.30	0.28	0.26	0.28	0.30	0.32	0.29		
R ₂ (100g)	0.18	0.20	0.23	0.24	0.21	0.20	0.22	0.24	0.27	0.23	0.21	0.24	0.26	0.29	0.25	0.23	0.26	0.28	0.29	0.26	0.25	0.27	0.29	0.30	0.28		
R ₃ (110g)	0.17	0.19	0.21	0.23	0.20	0.18	0.21	0.23	0.25	0.22	0.21	0.23	0.25	0.28	0.24	0.22	0.25	0.26	0.29	0.26	0.24	0.26	0.27	0.30	0.27		
R4 (120g)	0.16	0.18	0.20	0.21	0.21	0.17	0.20	0.22	0.24	0.21	0.19		0.22	0.23	0.26	0.22 0.2	21	0.23	0.25	0.29	0.24 0	0.22	0.25	0.26	0.29 0.26		
Mean	0.18	0.20	0.22	0.23		0.19	0.22	0.24	0.26		0.21		0.24	0.25	0.28	0.2	22	0.25	0.27	0.29	C).24	0.26	0.28	0.30		
Factor	Α	В	AB			Α	В	AB			Α		В	AB		A		В	AB			А	В	AB			
SEm ±	0.002	0.002	0.004			0.002	0.002	0.004			0.002	0.002	0.004			0.00	2 0.002	0.004			0.002	0.002	0.004				
CD at 5%level	0.006	0.006	0.012			0.006	0.006	0.012			0.006	0.006	0.012			0.00	6 0.006	0.012			0.006	0.006	0.011				

Table 5: Effect of pulp ratio and various recipes on TSS/acid ratio of blended RTS during storage

		"	0' Day					'30' D	ay				'60'	Day				'90'	Day			'120' Day				
Concentration of		Ratio o	of fruit	t pulp			Rati	o of fr	uit pul	р		Ra	tio of f	fruit p	սlp		Ra	tio of	fruit p	ulp		Rat	io of fr	uit pul	lp	
sugar (g/lit. of	(Bael %	+ Ma	ngo %)		(Bael	% + N	Iango '	%)		(Bae	el % +	Mange	o %)		(Ba	el % +	Mang	o %)		(Bael	% + N	Iango	%)	
RTS)		Fa	actor A	1				Factor	r A				Fact	or A				Fac	tor A			Factor A				
Factor B	P 1	P ₂	P 3	P 4	Mean	P 1	P 2	P 3	P 4	Mean	P 1	P 2	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	P 1	P 2	P 3	P 4	Mean	
R ₁ (90g)	89.93	80.95	73.16	67.86	77.98	82.94	73.45	68.11	61.73	71.56	80.19	69.70	62.92	58.13	67.74	74.92	64.90	60.79	57.73	64.58	67.96	64.62	59.46	55.98	62.01	
R ₂ (100g)	96.82	88.75	76.87	72.12	83.64	90.54	80.17	72.68	63.19	76.65	86.29	76.03	68.21	62.65	73.30	81.89	71.61	65.57	61.00	70.02	73.95	68.66	63.10	59.94	66.41	
R ₃ (110g)	105.85	97.43	87.11	79.53	92.48	100.85	87.76	77.43	71.31	84.34	89.99	79.72	73.69	66.78	77.54	85.29	75.78	70.74	64.24	74.01	81.90	72.85	69.30	62.82	71.72	
R4 (120g)	121.01	106.28	98.37	89.42	103.77	111.95	99.41	88.79	79.66	94.95	104.11	89.24	86.61	73.27	88.31	95.75	86.55	79.57	68.25	82.53	90.74	78.22	74.79	67.93	77.92	
Mean	103.40	93.35	83.88	77.23		96.57	85.20	76.75	68.97		90.14	78.67	72.86	65.21		84.46	74.71	69.16	62.80		78.64	71.09	66.66	61.67		
Factor	Α	В	AB			Α	В	AB			А	В	AB			А	В	AB			Α	В	AB			
SEm ±	0.962	0.962	1.925			0.800	0.800	1.600			0.700	0.700	1.400			0.635	0.635	1.270			0.634	0.634	1.269			
CD at 5% level	2.773	2.773	5.546			2.305	2.305	4.610			2.016	2.016	4.033			1.830	1.830	3.660			1.828	1.828	3.656			

			'0' Da	y			6	30' Da	y			•	60' Da	y			•	90' Da	у		'120' Day					
Concentratio		Ratio	of fru	it pulp			Ratio	of frui	it pulp			Ratio	of frui	it pulp			Ratio	of frui	it pulp			Ratio	of fru	it pulp		
of sugar (g/lit.		(Bael %	/o + Ma	ango %)		((Bael %	6 + Mε	ngo %)		(Bael %	⁄o + Ma	ngo %)	((Bael %	6 + Ma	ngo %)		(Bael % + Mango %)				
of RTS)]	Factor	A			F	actor A	A			F	actor A	4			F	actor A	4			F	actor A	4		
Factor B	P 1	P ₂	P 3	P 4	Mean	P ₁	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	
R ₁ (90g)	18.33	21.67	23.33	25.00	22.08	18.33	20.00	23.33	23.33	21.25	16.67	20.00	21.67	23.33	20.42	15.00	18.33	20.00	21.67	18.75	13.33	16.67	18.33	20.00	17.08	
R ₂ (100g)	16.67	20.00	21.67	23.38	20.42	15.00	18.33	20.00	21.67	18.75	13.33	18.33	20.00	20.00	17.92	13.33	16.67	18.33	20.00	17.08	11.67	15.00	16.67	18.33	15.42	
R ₃ (110g)	15.00	18.33	21.67	23.33	19.58	15.00	18.33	20.00	21.67	18.75	13.33	16.67	18.33	20.00	17.08	13.33	15.00	16.67	18.33	15.83	11.67	13.33	16.67	16.67	14.58	
R4 (120g)	13.33	18.33	20.00	21.67	18.33	13.33	16.67	18.33	21.67	17.50	11.67	15.00	16.67	20.00	15.83	11.67	15.00	18.33	18.33	15.83	10.00	13.33	15.00	18.33	14.17	
Mean	15.83	19.58	21.67	23.33		15.42	18.33	20.42	22.08		13.75	17.50	19.17	20.83		13.33	16.25	18.33	19.58		11.67	14.58	16.67	18.33		
Factor	Α	В	AB			Α	В	AB			А	В	AB			Α	В	AB			Α	В	AB			
SEm ±	0.721	0.721	1.443			0.691	0.691	1.381			0.658	0.658	1.317			0.691	0.691	1.381			0.721	0.721	1.443			
CD at 5% level	2.078	2.078	4.157			1.990	1.990	3.980			1.897	1.897	3.795			1.990	1.990	3.980			2.078	2.078	4.157			

Table 6: Effect of pulp ratio and various recipes on ascorbic acid (mg/100g) of blended RTS during storage

Table 7: Effect of pulp ratio and various recipes on pH of blended RTS during storage

		"	0' Day	V			(?	80' Da	у			' 6	50' Da	у			•9	0' Da	у		'120' Day					
	I	Ratio (of frui	t pul	р]	Ratio	of frui	t pul	р]	Ratio (of frui	t pul	р]	Ratio (of frui	it pul	р]	Ratio (of frui	t pul	p	
Concentration of sugar (g/lit. of RTS)	(B	ael %	+ Ma	ngo '	%)	(B	ael %	+ Ma	ngo '	%)	(B	ael %	+ Ma	ngo ʻ	%)	(B	ael %	+ Ma	ngo	%)	(B	ael %	+ Ma	ngo '	%)	
		Fa	actor .	A			F	actor .	A			Fa	actor A	A			Fa	actor 4	A		Factor A					
Factor B	P ₁	P ₂	P 3	P 4	Mean	P 1	P 2	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P 3	P 4	Mean	P 1	P ₂	P ₃	P 4	Mean	
R1 (90g)	4.27	4.02	3.87	3.73	3.97	4.25	4.01	3.82	3.66	3.93	4.02	3.83	3.69	3.50	3.76	3.71	3.63	3.45	3.33	3.53	3.50	3.36	3.32	3.12	3.33	
R ₂ (100g)	4.28	4.06	3.91	3.75	4.00	4.26	4.04	3.86	3.68	3.96	4.07	3.86	3.78	3.56	3.82	3.74	3.66	3.48	3.36	3.56	3.54	3.41	3.33	3.16	3.36	
R ₃ (110g)	4.32	4.24	3.94	3.77	4.07	4.27	4.11	3.88	3.71	3.99	4.13	3.95	3.80	3.59	3.87	3.77	3.69	3.53	3.38	3.59	3.56	3.42	3.38	3.24	3.40	
R4 (120g)	4.35	4.26	3.96	3.82	4.10	4.31	4.15	3.91	3.76	4.03	4.16	3.97	3.87	3.65	3.91	3.81	3.71	3.55	3.42	3.62	3.59	3.47	3.40	3.27	3.43	
Mean	4.31	4.15	3.92	3.77		4.27	4.08	3.87	3.70		4.09	3.90	3.78	3.58		3.76	3.67	3.50	3.37		3.55	3.41	3.36	3.20	l	
Factor	Α	В	AB			Α	В	AB			Α	В	AB			Α	В	AB			Α	В	AB		l	
SEm ±	0.003	0.003	0.006			0.003	0.003	0.007			0.004	0.004	0.008			0.003	0.003	0.007			0.004	0.004	0.008			
CD at 5% level	0.009	0.009 0.009 0.018 0.01				0.011 0.011 0.022					0.012 0.012 0.025					0.010 0.010 0.021						0.011	0.023			

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