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The effect of different planting time and harvesting schedules on growth and yield of *Acorus calamus*

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Abstract

An experiment was conducted to study the effect of different planting time and harvesting schedules on growth and yield of Acorus calamus. The experiment was conducted at the experimental field of the Department of Forest Products, College of Forestry, Dr. YS Parmar University of Horticulture and Forestry, Nauni, Solan (H.P.) during the year 2016-17. The study comprised of six treatments viz., planting in March and harvesting after 12 months (P1H1), planting in March and harvesting after 18 months (P₁H₂), planting in July and harvesting after 12 months (P₂H₁), planting in July and harvesting after 18 months (P₂H₂), planting in November and harvesting after 12 months (P₃H₁) and planting in November and harvesting after 18 months (P3H2). The experiment was laid out in randomized block design with three replications. Data regarding growth parameters such as plant height, number of leaves/plant, leaf length and leaf width; rhizome yield components such as rhizome length, rhizome with, rhizomes weight/plant and rhizome yield were recorded. Significantly higher plant height (55.92 cm), number of leaves/plant (15.34), leaf length (50.02 cm), leaf width (1.38 cm), rhizome length (15.44 cm), rhizome width (1.21 cm), rhizomes weight/plant (28.28 g) and rhizome yield (31.42 q/ha) were recorded when crop was planted in July compared to March and November planting. Crop harvested after 18 months of planting recorded significantly higher plant height (57.26 cm), number of leaves/plant (14.47), leaf length (50.37 cm), leaf width (1.39 cm), rhizome length (15.41 cm), rhizome width (1.22 cm), rhizomes weight/plant (29.74 g) and rhizome yield (33.05 g/ha) compared to harvested after 12 months of planting.

Keywords: Acorus calamus, planting time, harvesting schedules, growth parameters, yield

Introduction

Acorus calamus is an important medicinal plant species commonly known as "Sweet flag" and belonging to family Acoraceae. It is a perennial herb with a creeping and much branched aromatic rhizome (Kapoor, 1990)^[1]. The plant is found in the northern temperate and subtropical regions of Asia, North America, and Europe. This plant prefers swampy or marshy habitats. It is found in marshes, wild or cultivated, ascending the Himalayas up to 1800 m in Sikkim. It is cultivated throughout India in the marshy tracts of Kashmir, Sirmaur (Himachal Pradesh), Manipur, in Nagahills and in the Koratagere taluka of Karnataka state in peninsular India (Raja *et al.*, 2009)^[1]. It possesses sword-shaped, long slender leaves that fan out from a pinkish base and grow up to 1.5m in length (Mukherjee *et al.*, 2007)^[3]. The flowers are very rarely grown in this plant if grown than it is about 3-8cm long, cylindrical in shape greenish brown in color and covered with the multitudes of rounded spikes. They are small, sessile, densely packed and 5-10 cm of spadix on all sides (Archana et al., 2015)^[4]. The rhizomes are branched, possess strong aromatic odour, bitter in taste, light-brown or occasionally orangebrown in color, cylindrical to flat with distinct nodes and internodes (Anonymous, 2001) [5]. Sweet flag finds its use in the Ayurvedic system of medicine, where it is used for the treatment of epilepsy, hysteria, insomnia, melancholia, neurosis, loss of memory and remittent fevers (Kirtikar and Basu, 1956)^[6]. Ethanolic extract of rhizome of this plant possesses sedative, analgesic, moderately hypotensive and respiratory depressant properties (Agarwal et al., 1956)^[7]. The rhizome possess an essential oil, which is a unique source of oxygenated sesquiterpenes of great structural variety and responsible for significant antibacterial, antifungal, and insecticidal properties (Vassi and Patel, 1987)^[8]. Extractives of A. calamus rhizome are widely used in pharmaceuticals and traditional systems of medicines for a number of ailments and in perfumes (Raja et al. 2009)^[1].

Sweet flag rhizome is widely used as anti-inflammatory agent in the Indian systems of medicine, such as Ayurveda, Siddha and Unani (Meena et al., 2010)^[10]. Various extracts of A. calamus have anti-diabetes, anti-proliferative, immunosuppressive, hypolipidemic and anti-carcinogenic effects and the rhizomes and leaves were found to possess anti-carcinogenic activity in human lymphocytes (Mehrotra et al., 2003) ^[11]. It is also frequently used as nerve tonic and as an emetic (Baquar, 1989)^[12]. It is used in remittent fever, colic pain, inflammation, dyspepsia, diarrhea, flatulence and asthma (Kapoor, 1990)^[1]. It is usually used as a decoction at a dose of 1-3 g or 2-7 gas powdered rhizome (Duke, 2002)^[13]. In Western herbal medicine, the herb is chiefly employed for digestive problems such as gas, bloating, colic and poor digestive function (Balakumbahan et al., 2010)^[14]. It is one of the common items in the international drug market where the raw material is obtained from the natural wild populations (Caius, 1986)^[15].

Sweet flag comes up in almost all types of soil with sufficient moisture or irrigation. Plenty of sunshine should be available to the plant during its growth and after harvesting for drying the rhizomes. Temperature ranging from 10 to 38° C and annual rainfall between 70 and 250 cm are best suited. This species comes up well in clayey loams, sandy loams and light alluvial soils of river banks (Balakumbahan *et al.*, 2010) ^[14]. It can also be grown in waterlogged or marshy soils. Such field is irrigated and tilled with green manure before planting. The rhizome (previous year's) along with bud is cut into pieces and the cut pieces of rhizome with bud is planted in the fine sand mixed soil at 30 cm apart (Imam *et al.*, 2013) ^[16].

The possibility of optimizing rhizome yield of *A. calamus* by manipulation in the time of planting and harvesting as well as maintaining proper plant spacing (Tiwari *et al.*, 2012) ^[12]. Since environmental factors explicitly affect growth, development and yield of medicinal herbs, investigating the effect of these factors, *e.g.*, planting time and harvesting schedules, on medicinal herbs is critically important. Therefore, to harvest the maximum yield of a crop introduced in a certain region, its interaction with agronomic, genetic and climatic factors must be examined (Moosavi *et al.*, 2015) ^[18].

Keeping in view the importance of cultivation of *A. calamus*, and on these agronomic

aspects in Himachal Pradesh, the present study was conducted with the aim to study the effect of different planting time and harvesting schedules on growth and yield of *Acorus calamus*.

Material and Methods

The present investigation was carried out in the experimental field of the Department of Forest Products, College of Forestry, Dr. Y S Parmar University of Horticulture and Forestry, Nauni, Solan (H.P.) during the year 2016-17. The experimental field is located at 30°52'N latitude and 70° 11'E longitude and at an altitude of 1250 m MSL. Climate of the experimental area is hot during summer. The maximum temperature was 30.5 °C in May in the year 2016 and 30.5 °C in May 2017 during the study period. On the other hand winters were cold and accompanied by frost for few weeks. During the study period, the minimum temperature was as: 2.3 °C in January, 2016 and 3.1 °C in January, 2017. The area gets most of the rainfall during monsoon and spring season. The maximum rainfall was 164.1 mm in August 2016 and 233.8 mm in August 2017 during the study period. While there was no rainfall in October and November 2016 as well as in October 2017. The experiment was laid out in Randomized Block Design (RBD) in open conditions with 6 treatments viz., planting in March and harvesting after 12 months (P_1H_1) , planting in March and harvesting after 18 months (P_1H_2) , planting in July and harvesting after 12 months (P_2H_1) , planting in July and harvesting after 18 months (P₂H₂), planting in November and harvesting after 12 months (P₃H₁) and planting in November and harvesting after 18 months (P₃H₂) which were replicated three times. Healthy rhizomes were used for planting material collected from surrounding areas. The rhizomes were planted in the field beds of size 1.8m x1.8m at 30x30 cm spacings. Irrigation was done till the establishment of plants and thereafter plants were left to grow under rainfed condition. The field was kept weeds free by doing manual weeding operation. Data on different growth and yield parameters were recorded for at least five plants per replication at harvesting time and has been reported as average. The mean data collected for various parameters were subjected to simple statistical analysis. The standard error was determined by the method given by Gomez and Gomez (1984) ^[19].

Results

Plant height (cm)

Analysis of variance showed that the plant height was significantly influenced by planting time, harvesting schedules and their interactions (Table 1). Crop planted in July (P₂) recorded maximum plant height (55.92 cm) and followed by (52.67 cm) planted in March (P₁₎ and (49.48 cm) planted in November (P₃₎. The maximum plant height (57.26 cm) was recorded in crop harvested after 18 months of planting (H₂₎ and minimum (48.12 cm) was recorded in crop harvested after 12 months of planting (H₁₎. Among interaction effects between planting time and harvesting schedules, the maximum plant height was observed in P₂H₂ (59.42 cm) which was statistically at par with P₁H₂ (58.74 cm) and minimum plant height was recorded in P₃H₁ (45.33 cm) which was at par with P₁H₁ (46.61 cm).

Number of leaves/plant

Analysis of data revealed that the number of leaves/plant was significantly affected by planting time and harvesting schedules while their interaction was found non-significant (Table 2). Crop planted in July (P₂) recorded maximum number of leaves/plant (15.34) and was followed by (12.89) planted in March (P₁) and (10.69) planted in November (P₃). The maximum number of leaves/plant (14.47) was recorded in crop harvested after 18 months of planting (H₂) and minimum (11.48) was recorded in crop harvested after 12 months of planting (H₁).

Leaf length (cm)

The data presented in Table 3 showed that the leaf length was significantly influenced by planting time, harvesting schedules and their interactions. Crop planted in July (P₂) recorded maximum leaf length (50.02 cm) and followed by (46.49 cm) planted in March (P₁) and (42.13 cm) planted in November (P₃). The maximum leaf length (50.37 cm) was recorded in crop harvested after 18 months of planting (H₂) and minimum (42.06 cm) was recorded in crop harvested after 18 months of planting (H₂) and minimum (42.06 cm) was recorded in crop harvested after the maximum leaf length was observed in P₂H₂ (53.29 cm) which was statistically at par with P₁H₂ (52.61 cm) and minimum leaf length was recorded in P₃H₁ (39.05 cm) which was at par with P₁H₁ (40.37 cm).

Leaf width (cm)

Analysis of variance showed that the leaf width was significantly influenced by planting time and harvesting schedules while their interaction was found non-significant (Table 4). Crop planted in July (P₂) recorded maximum leaf width (1.38 cm) which was statistically at par with (1.36 cm) planted in March (P₁) and minimum (1.28 cm) was recorded when planted in November (P₃). The maximum leaf width (1.39 cm) was recorded in crop harvested after 18 months of planting (H₂) and minimum (1.29 cm) was recorded in crop harvested after 12 months of planting (H₁).

Rhizome length (cm)

Analysis of variance showed that the rhizome length was significantly influenced by planting time, harvesting schedules and their interactions (Table 5). Crop planted in July (P₂) recorded maximum rhizome length (15.44 cm) and followed by (12.03 cm) planted in March (P₁) and (10.14 cm) planted in November (P₃). The maximum rhizome length (15.41 cm) was recorded in crop harvested after 18 months of planting (H₂) and minimum (9.66 cm) was recorded in crop harvested after 12 months of planting (H₁). Among interaction effects between planting time and harvesting schedules, the maximum rhizome length was observed in P₂H₂ (19.38 cm) and minimum rhizome length was recorded in P₃H₁ (8.12 cm) which was at par with P₁H₁ (9.37 cm).

Rhizome width (cm)

Analysis of data revealed that the rhizome width was significantly affected by planting time and harvesting schedules while their interaction was found non-significant (Table 6). Crop planted in July (P_{2}) recorded maximum rhizome width (1.21 cm) which was statistically at par with (1.19 cm) planted in March (P_1) and minimum (1.17 cm) was

recorded when planted in November (P₃). The maximum rhizome width (1.22 cm) was recorded in crop harvested after 18 months of planting (H₂) and minimum (1.15 cm) was recorded in crop harvested after 12 months of planting (H₁).

Rhizome weight (g/plant)

The data presented in Table 7 showed that the rhizome weight/plant was significantly influenced by planting time, harvesting schedules and their interactions. Crop planted in July (P₂) recorded maximum rhizome weight/plant (28.28 g) and followed by (25.25 g) planted in March (P₁) and (21.09 g) planted in November (P₃). The maximum rhizome weight/plant (29.74 g) was recorded in crop harvested after 18 months of planting (H₂) and minimum (20.00 g) was recorded in crop harvested after 12 months of planting (H₁). In case of interaction effects between planting time and harvesting schedules, the maximum rhizome weight/plant was observed in P₂H₂ (33.85 g) and minimum rhizome weight/plant was recorded in P₃H₁ (17.77 g).

Rhizome yield (q/ha)

Analysis of variance showed that the rhizome yield was significantly influenced by planting time, harvesting schedules and their interactions (Table 8). Crop planted in July (P₂) recorded maximum rhizome yield (31.42 q/ha) and followed by (28.05 q/ha) planted in March (P₁) and (23.44 q/ha) planted in November (P_{3).} The maximum rhizome yield (33.05 q/ha) was recorded in crop harvested after 18 months of planting (H₂) and minimum (22.22 q/ha) was recorded in crop harvested after 18 months of planting (H₂) and minimum (22.22 q/ha) was recorded in crop harvested after 12 months of planting (H₁). Among interaction effects between planting time and harvesting schedules, the maximum rhizome yield was observed in P₂H₂ (37.61 q/ha) and minimum rhizome yield was recorded in P₃H₁ (19.74 q/ha) which was at par with P₁H₁ (21.69 q/ha).

Fable 1: Effect of different	planting time and	harvesting schedules on	plant height of Acorus calamus
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Plant height (cm)				
Harvesting Schedule	Harvesting after 12 months (H1)	Harvesting after 18 months (H ₂)	Mean	
Planted in March (P ₁)	46.61	58.74	52.67	
Planted in July (P ₂)	52.42	59.42	55.92	
Planted in November (P ₃)	45.33	53.62	49.48	
Mean	48.12	57.26		

	CD0.05
Planting time (P)	1.02
Harvesting Schedules (H)	0.83
P x H	1.44

Table 2: Effect of different planting time and harvesting schedules on number of leaves/plant of A. calamus.

No. of leaves/ plant			
Harvesting Schedule	Harvesting after 12	Harvesting after 18	Moon
Planting Time	months (H1)	months (H ₂)	Witan
Planted in March (P ₁)	11.54	14.24	12.89
Planted in July (P ₂)	13.15	17.53	15.34
Planted in November (P ₃)	9.74	11.63	10.69
Mean	11.48	14.47	

	CD0.05
Planting time (P)	1.46
Harvesting Schedules (H)	1.19
P x H	NS

Table 3: Effect of different planting time and harvesting schedules on leaf length of A. calamus.

Leaf length (cm)				
	Harvesting Schedule	Harvesting after 12	Harvesting after 18	Mean
Planting Time		months (H ₁)	months (H ₂)	
Planted in	March (P ₁)	40.37	52.61	46.49
Planted in	n July (P ₂)	46.75	53.29	50.02
Planted in N	ovember (P ₃)	39.05	45.21	42.13
М	ean	42.06	50.37	

	CD0.05
Planting time (P)	2.22
Harvesting Schedules (H)	1.81
P x H	3.14

 Table 4: Effect of different planting time and harvesting schedules on leaf width of A. calamus.

Leaf width (cm)			
Harvesting Schedule	Harvesting after 12	Harvesting after 18	Meen
Planting Time	months (H ₁)	months (H ₂)	Mean
Planted in March (P ₁)	1.30	1.41	1.36
Planted in July (P ₂)	1.32	1.44	1.38
Planted in November (P ₃)	1.26	1.31	1.28
Mean	1.29	1.39	

	CD0.05
Planting time (P)	0.03
Harvesting Schedules (H)	0.02
P x H	NS

 Table 5: Effect of different planting time and harvesting schedules on rhizome length of A. calamus.

Rhizome length (cm)				
Harvesting Schedule	Harvesting after 12	Harvesting after 18	Moon	
Planting Time	months (H1)	months (H ₂)	Witan	
Planted in March (P ₁)	9.37	14.69	12.03	
Planted in July (P ₂)	11.50	19.38	15.44	
Planted in November (P ₃)	8.12	12.16	10.14	
Mean	9.66	15.41		

	CD0.05
Planting time (P)	1.36
Harvesting Schedules (H)	1.11
P x H	1.92

Table 6: Effect of different planting time and harvesting schedules on rhizome width of A. calamus.

Rhizome width (cm)			
Harvesting Schedule	Harvesting after 12 months (H ₁)	Harvesting after 18 months (H ₂)	Mean
Planted in March (P ₁)	1.15	1.22	1.19
Planted in July (P ₂)	1.17	1.24	1.21
Planted in November (P ₃)	1.14	1.19	1.17
Mean	1.15	1.22	

	CD0.05
Planting time (P)	0.02
Harvesting Schedules (H)	0.02
РхН	NS

 Table 7: Effect of different planting time and harvesting schedules on rhizome weight of A. calamus.

Rhizome weight (g/ plant)				
Harvesting Schedule	Harvesting after 12	Harvesting after 18	Mean	
Planting Time	months (H ₁)	months (H ₂)	Micun	
Planted in March (P ₁)	19.53	30.97	25.25	
Planted in July (P ₂)	22.71	33.85	28.28	
Planted in November (P ₃)	17.77	24.42	21.09	
Mean	20.00	29.74		

	CD _{0.05}
Planting time (P)	1.84
Harvesting Schedules (H)	1.50
P x H	2.60

Table 8: Effect of different planting time and harvesting schedules on rhizome yield of A. calamus.

Rhizome yield (q/ ha)			
Harvesting Schedule	Harvesting after 12	Harvesting after 18	Mean
Planting Time	months (H ₁)	months (H ₂)	Witan
Planted in March (P ₁)	21.69	34.41	28.05
Planted in July (P ₂)	25.23	37.61	31.42
Planted in November (P ₃)	19.74	27.13	23.44
Mean	22.22	33.05	

	CD0.05
Planting time (P)	2.04
Harvesting Schedules (H)	1.67
P x H	2.89

Discussion

Results obtained in the present study indicated that planting time and harvesting schedules significantly affected the growth and yield of Sweet flag. Different sowing dates provide variable environmental conditions at same location that potently influence the growth, development and yield stability of crops (Pandey et al., 1981) ^[20]. Plant height, number of leaves per plant, leaf length, leaf width, rhizome length, rhizome width, rhizome weight per plant and rhizome yield were maximum when the crop was planted in July compared to March and November. The maximum plant height recorded when crop was planted in July might be due to higher rainfall (151.9 mm in July, 87.5 mm in March and 0.0 mm in November) received during the month coupled with conducive temperatures (27.4 °C in July, 24.2 °C in March and 25.2 °C in November) which influenced the plants to grow taller by increasing cell division and cell elongation. This result is in agreement with the finding of Thakur and Agrawal, 2009 reported that the optimum time of planting of Sweet flag is July month. In harmony with the present result, Khan et al., 2012 ^[22] reported that the plant height increased with the advancement of dates from 1 January (T1) to 15 April (T8) in Stevia which might be due to high temperature and more intensity of light.

Maximum plant height was obtained when crop was harvested after 18 months of planting compared to 12 months. This maximum plant height might be due to favourable weather condition and extended duration of harvesting age. This result agreed with the report of Tiwari et al., 2012 ^[12] in Sweet flag. Zigene et al., 2012 [23] reported increase in plant height with increasing harvesting age in rosemary. Motsa, 2006^[24] and Blank et al., 2010 [25] also reported increase in plant height of rosescented geranium and basil due to delayed harvesting. The highest number of leaves per plant at July planting might be due to favourable weather conditions prevailed during this time. This finding is in agreement with the result of Khan et al., 2012 ^[22] in Stevia who found that 1 June date of planting showed highest number of leaves per plant due to best favourable environmental condition. Crop harvested after 18 months of planting gave maximum number leaves per plant. This result is in consonance with the study of Abewoy, 2018 ^[26] who reported that the growth of plants in terms of plant height, spread and number of branches per plant was increased significantly with increase in crop age or delay in harvesting in basil due to longer growth period. The highest leaf length, leaf width, rhizome length and rhizome width

were recorded when crop was planted in July as compared to March and November planting. This might be due to favourable weather conditions prevailed during the growth period. This result is similar with the finding of Meena, 2014 ^[27] in *Lepidium sativum*, who found that the favourable effect of weather on crop growth recorded in sowing during 43 meteorological week as compare to 41, 45 and 47 meteorological week might be due to the fact that 43 meteorological week sown crop received favourable weather conditions in terms of relatively warm temperature during early growth and conducive temperature during flowering, pod formation and seed development stages. This finding is in agreement with the finding of Thakur and Agrawal, 2009 reported that the planting date of 30th July recorded significantly the higher rhizome length (14.4 cm) and girth (1.30 cm) in Sweet flag. Randhawa and Gill, 2010 also reported that the plants transplanted at the end of July gave maximum herb yields in Ocimum basilicum L.).

Crop harvested after 18 months of planting recorded highest leaf length, leaf width, rhizome length and rhizome width as compared to harvested after 12 months of planting. These results are in line with the report of Woelore et al., 2016^[29] in Ginger. This finding is also in agreement with the finding of Jimayu and Gebre, 2017 [30] reported that the plants harvesting age exerted highly significant influence on leaf length in lemongrass. Kubsad et al., 2009^[31] also reported that among the different harvesting stages, the crop harvested at 180 DAS recorded significantly higher root length and root diameter, compared to other harvesting stages (120 DAS and 150 DAS) in Ashwagandha. The highest rhizome weight/ plant and rhizome yield were recorded in July planting compared to March and November planting. These results might be attributed to higher rainfall received during the month coupled with conducive temperatures increased the growth of crop which resulted in development of higher rhizome yield. These findings are in line with the report of Kubsad et al., 2009^[31] in Ashwagandha. These results were also in agreement with the report of Thakur and Agrawal, 2009 found that planting in 30th July recorded significantly the higher fresh yield and dry vield in Sweet flag. Crop harvested after 18 months of planting recorded highest rhizome weight/ plant and rhizome yield compared to harvested after 12 months. These results are in consonance with the finding of Tiwari et al., 2012^[17] reported that there was a significant increase in rhizome yield and yield-attributing parameters (i.e. rhizome length, rhizome width and rhizome weight) with delay in harvesting from 7

months to 12 months after planting in Sweet flag. These findings are also in agreement with the result of Mastiholi, 2008 who found that harvesting at 160 and 180 DAP produced significantly higher tuber yields over 140 DAP in *Coleus forskohlii* BRIQ.

Conclusion

It is concluded from this study, that planting time and harvesting schedules influenced the growth and yield of *Acorus calamus*. The highest plant height, number of leaves/ plant, leaf length, leaf width, rhizome length, rhizome width, rhizome weight/ plant and rhizome yield were obtained when the crop was planted in July and harvested after 18 months of planting. Therefore, planting of crop in July month and harvesting after 18 months of planting is recommended in order to obtain greater rhizome yield.

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